

Education      Income/Work      Social Support      Health

S

W

O

T

|          | <b><u>Education</u></b>  | <b><u>Income/Work</u></b>  | <b><u>Social Support</u></b>  | <b><u>Health</u></b>   |
|----------|--|--|---|--|
| <b>S</b> | Former education?<br>Certifications?<br>Aptitude Tests?<br>GED, ACT, SAT?      | Work experience?<br>Budget knowledge?<br>Positive source of income?      | Family nearby?<br>Supportive Friends?                                 | Clean medical history?<br>Normal basic function?                                     |
| <b>W</b> | Repetitive failed tests?<br>Length of time since last education?               | Time since last employed?<br>Criminal History?<br>Poor work ethic?       | Single Parent?<br>Estranged?<br>No church family?                     | Any addictions?<br>Any current diagnoses?<br>Disabled?<br>Uninsured?                 |
| <b>©</b> | Community classes?<br>Scholarships?<br>GED Prep classes?<br>Work prep classes? | Job openings?<br>New Industry?<br>Labor Finder Help?<br>Career Training? | Community meals?<br>Church gatherings?<br>Support groups?             | Nutrition /cooking classes?<br>Fitness center scholarships?<br>12 step meetings?     |
| <b>T</b> | Poor study environment?<br>Restricted community funding?                       | Economic Outlook?<br>Large company layoffs?                              | History of unhealthy dependency?<br>History of abusive relationships? | Poor living standards?<br>Environmental or situational stress?<br>Poor medical care? |

**Education****Income/Work****Social Support****Health**

S

Auto Tech  
Certification

7 yrs auto mechanic  
experience,  
No debt,  
working budget

Dad is still and alive  
and lives locally

Independent with  
all basic Activities  
of Daily Living

W

No Diploma/  
No GED

No work in last 3  
yrs/  
2 felonies

Single mom with 5  
kids/  
No church

Smoking/  
Bi-polar

O

Free GED classes  
starting March 1/  
Possible tutoring  
available

Ford plant moving  
into town in May

Open  
neighborhood  
dinner at nearby  
church

Free YMCA  
membership for  
single moms,  
Smoking cessation  
classes

T

Legislation passed  
eliminating school  
loans to felons

Unstable economy/  
Consistent rise in  
unemployment

Boyfriend released  
from prison in 5  
months

Recent natural  
disaster causes rise  
in stress level



# S.W.O.T. BOX ASSESSMENT TOOL





## Strengths & Weaknesses:

Intrinsic

personal qualities independent of the environment



## Opportunities & Threats:

Extrinsic

Community or Environmental forces independent of the person

# Impression Statement

Definition: A one line statement of potential that summarizes primary strengths/opportunities and weaknesses/threats.

Purpose: To prepare yourself and the client to focus on “the biggies,” for direction in writing goals and a plan of care.

“Jane is a 47 y/o chronically homeless woman with a strong gifting in art and a graphic design degree but struggling with a 15 year opiate addiction”



# Vision Statement

Definition: A dream with enough detail that it's attainable


Purpose: To motivate ("I can see a light at the end of this tunnel!") and to direct you and the client in goal writing.



"Jane's vision is to be free from addiction and living in an apartment working for a rescue mission as a graphic design artist."



# GOALS

- They “belong” to the client
  - There is a clear action
  - They are verifiable
  - They are time driven
  - They always point toward the vision
- 





# GOALS

Dave is continuing to look for work daily.

Dave will present 5 completed job applications within 1 week.






# GOALS

Sue will enroll in GED classes

Sue will present with personal GED schedule  
within 2 weeks





# GOALS

Debbie will quit smoking marijuana

Debbie will pass a UA drug test on site in 30 days






# GOALS

Jack will begin reading the Bible

Jack will return the Book of John study guide  
“Now What?” at next appt in 2 weeks.






# GOALS

Ralph will attend a 12 step recovery meeting weekly

Ralph will present to the next 12 appointments with an instructor-signed attendance slip from a 12 step meeting.





# GOALS

Marge will save money from her first paycheck for rent and deposit.

Marge will present with savings deposit receipt equaling 75% of her first paycheck in 2 weeks.



# Plan of Care

Definition: The points of intervention you will take to assist the client to reach his/her goals.


Purpose: To guide you in your portion of partnership with the client.

*"Gretta/We Care will*

- ✓ provide a list of 12 step programs in the community
- ✓ provide a phone # to Crawford County Dept of Vital Statistics
- ✓ Print and provide a budget template
- ✓ Contact First United Methodist as a neighbor church to visit/invite client
- ✓ See client again in one month



# Plan of Care Predicates

- Will be instructed in
  - Will be assisted with
  - Will be provided a
- 





# S.W.O.T. BOX ASSESSMENT TOOL